



Catherine Shainberg, Ph.D.

Catherine Shainberg, Ph.D, is an internationally renowned transpersonal psychologist, lecturer, visionary, teacher, and award-winning author. She is the founder of The School of Images® - a New York-based institute and global network of study centers that use the power of dream images and imagination for transformational purposes. Grounded in the Kabbalah, her work integrates ancient wisdom and teachings with modern Western knowledge and techniques to catalyze creative manifestation at all levels, in all areas of life, including personal, professional, communal, and global.

Drawing on more than a decade studying the Kabbalah of Light in Jerusalem with renowned kabbalist, mystic and teacher Colette Aboulker-Muscat and her own lifelong scholarship, she has developed proprietary techniques such as Sapphire® Imagery, DreamOpening® and other unique, powerful methods for communicating with one's subconscious. This work has helped thousands of students and private clients over the years in the US and at SOI's eight international locations.

The bestselling author of "Kabbalah and the Power of Dreaming: Awakening the Visionary Life" and "DreamBirth: Transforming the Journey of Childbirth Through Imagery", her upcoming book, "The Kabbalah of Light: Ancient Practices to Ignite the Imagination and Illuminate the Soul" will be published in June, 2022 by Inner Traditions.

An in-demand speaker, guest lecturer, and teacher, she has been a highly acclaimed presenter about her own groundbreaking work with The School of Images® as well as Kabbalah, dreaming, imagery, and the subconscious at such leading organizations as Esalen, The Open Center, the NYC Jewish Community Center, New York's 92nd Street Y, The Kitchen, Bodhi Tree, the Rubin Museum, the Deepak Chopra Center, the Wellfleet Library Lecture Series, and the American Institute of Mental Imagery.

Internationally, she has spoken extensively in cultural and academic institutions in Europe, the Middle East, and South East Asia, including the Guggenheim (Venice, Italy), the Waitah'a Air Gathering (New Zealand), the Transpersonal Psychology Institute (Melbourne, Australia), the London YPO, and the American Institute of Mental Imagery (Jerusalem, Israel), and she has been a guest on numerous TV, cable, and radio shows in the US and Europe.