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**Morphology | Four Grids | August 23-25, 2024 | 10:00 AM-6:00 PM (Hong Kong) / 10:00 PM-6:00 AM EDT (US) | Onsite**

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**Three 8-hour sessions | August 23-25, 2024 | In Cantonese**

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**體相學：四種基礎網格分類 | 2024 年 8 月 23-25 日 | 10:00 AM-6:00 PM (香港時間) / 10:00 PM-6:00 AM (美國東岸時間) | 實體工作坊**

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**每天 8 小時，共 3 天課程 | 2024 年 8 月 23-25 日 | 廣東話**

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### **PRODUCT SNIPPET/SHORT DESCRIPTION**

In this fascinating 3-day intensive workshop, Millicent Lai, Certified Practitioner and Teacher of SOI will introduce you to the study of our bodies as a guide to the Self. You will learn to see, without judgment and with great respect, how the shape of the body has a unique story to tell, and how the body can show us who we truly are to reveal the hidden potential we don't often see. Using imaginal techniques, participants will experience these body lines, curves, angles and shapes from within and then observe them in others. You will begin a journey to reconnect your experience to the language of the body and the power of imagination and dreaming in creative manifestation and personal transformation.

這次為期 3 天的深度工作坊，視覺心像學院認證諮詢師及導師 Millicent Lai 將為您介紹如何透過研究我們的身體獲得內在自我的指引。您將學習帶著尊重、不加批判地去觀察，看到身體的形狀如何講述著一個獨特的故事，理解身體的形態如何向我們展示自己的真實身份，並揭示我們不常看到的隱藏潛力。參與者將使用想像力的技巧，從自身內在體驗身體上的直線、曲線、角度和不同形狀，然後練習觀察他人。您將開啟一段內在旅程，重拾與身體語言、想像力及夢行力量的連結，實現創造性的顯化與個人轉化。

**Registration Form/報名表格/報名表格**

First name 名	Last name 姓
Email 電郵地址	Phone 電話
Country 國家	Native Language 母語

Speak English?\* 能說英語嗎？

Yes 可以                      No 不能

Read English?\* 能讀英語嗎？

Yes 可以                      No 不能

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#### **LONG DESCRIPTION for Read More:**

**Three 8-hour sessions | August 23-25, 2024 | 10:00 AM-6:00 PM (Hong Kong) / 10:00 PM-6:00AM EDT (US)**

**SOI's introduction to Morphology, the study of body form and the practice of observing the body to understand the unique story it tells us.**

**Millicent Lai, Certified Practitioner and Teacher of SOI,** will lead a fascinating onsite workshop for everyone interested in the **power of body forms to affect our inner and outer experiences.**

At the School of Images®, we approach morphology using our bodies as a guide to the Self. In this process, you will learn to see, without judgment and with great respect, how the shape of a body has a unique story to tell. The form of our body can show to us who we truly are and reveal the hidden potential we don't often see.

Using imaginal techniques and dynamic exercises, participants will learn to gain insight by experiencing these forms from within. You will begin a journey to reconnect your experience to the language of the body and the power of imagination and dreaming for creative manifestation and personal transformation. You will also gain a perspective with useful and practical applications in everyday life.

#### **Day 1 | Grids 1 and 2**

**Grid 1 – The Human Species** – the complex set of human shapes and how to read them

**Grid 2 – The Body as Mirror (A)** – learning about what the curves and lines in the body reveal

#### **Day 2 | Grids 2 and 3**

**Grid 2 – The Body as Mirror (B)** – about the 2s in the body (2 eyes, ears, etc.) and personalities

**Grid 3 – Faces** – body types, balance and what the angles and directions in the face reveal

#### **Day 3 | Grid 4**

**Grid 4 – The Four Temperaments** – identifying what our bodies reveal about temperament

At the end of this workshop, you will have valuable information to begin your exploration and use of morphology to understand your inner truth, guide your own life, and make more informed practical choices based on the application of these skills.

During the workshop, we will actively engage in many imaginal exercises based on the SAPHIRE® Imagery method as taught by the School of Images®.

Short and dynamic exercises will help you explore the form and shape of the body. Together with the conceptual work on morphology, you will have a deeper understanding of how images and forms create and are created by us to manifest and transform our lives.

**Fee: US\$550**

#### **Please Join Us**

See you in class - click [here to register](#).

**Please email Millicent ([lai.millicent@gmail.com](mailto:lai.millicent@gmail.com)) for the workshop venue and other details.**

Payment in cart or via PayPal to [office@theschoolofimages.org](mailto:office@theschoolofimages.org) due by **[August 16, 2024]**

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每天 8 小時 · 共 3 天課程 | 2024 年 8 月 23-25 日 | 10:00 AM-6:00 PM (香港時間)

視覺心像學院體相學入門課程 · 通過對身體形態的學習研究和觀察身體的實踐 · 理解身體講述的獨特故事。

視覺心像學院認證諮詢師及導師 Millicent Lai 將帶領這一實體工作坊 · 向有興趣瞭解身體形態如何影響我們內在及外在體驗的朋友介紹體相學的入門基礎知識。

在視覺心像學院 · 我們使用自己的身體作為自我的指引來理解體相學。在這一過程中 · 你將學習帶著尊重、不加批判地去觀察 · 看到身體的形狀如何講述著一個獨特的故事 · 理解身體的形態如何向我們展示自己的真實身份 · 並揭示我們不常看到的隱藏潛力。

參與者將使用想像力的技巧 · 從自身內在體驗身體上的直線、曲線、尖角和不同形狀 · 然後練習觀察他人。你將開啟一段內在旅程 · 重拾與身體語言、想像力及夢行力量的連結 · 實現創造性的顯化與個人轉化。你也會收穫能在日常生活中實際有效應用的觀察視角。

#### **第 1 天 | 網格 1 與網格 2**

**網格 1：**人體 - 人體形狀的複雜集合及如何解讀

**網格 2：**身體中的鏡像 ( A ) - 身體的直線與曲線揭示了什麼

## 第 2 天 | 網格 2 與網格 3

**網格 2：身體中的鏡像 ( B )** - 關於身體中的數位 2 ( 2 隻眼睛、耳朵等等 ) 及人格特質

**網格 3：面相** - 體型、比例平衡以及面部的角度和方向揭示了什麼

## 第 3 天 | 網格 4

**網格 4：四種氣質類型** - 辨識身體揭示出的氣質特徵

本次工作坊結束時，你將會擁有寶貴的資訊以開始體相學的使用及探索，據此瞭解內在真相，指引自己的生活，並使用這些應用技巧做出更明智的實際選擇。

在工作坊中，我們將充分運用視覺心像學院教導的 SAPHIRE® 視覺心像練習。這些簡短、動態的練習會說明你探索身體的形狀形態。加上體相學概念性知識的學習，你將更深刻地理解圖像和形狀如何創造及被我們創造出來，以顯化和轉化我們的生活。

課程費用: \$550 美元

## 加入我們

工作坊見 - 點擊 [此處報名](#)

請電郵 [Millicent \(ml@theschoolofimages.org\)](mailto:ml@theschoolofimages.org) 有關工作坊地點及其他資料。

請於 8 月 16 日前通過購物車支付或 PayPal 轉帳至 [office@theschoolofimages.org](mailto:office@theschoolofimages.org)

[Google form:](https://forms.gle/EJdGqjTZ9RXHyh748) <https://forms.gle/EJdGqjTZ9RXHyh748>